



# COVID SAFETY PROTOCOLS

## 1. BC RESTART AND VIASPORT GUIDANCE

The viaSport guidance for indoor sport is:

- Group size: There is no maximum group size for participants, coaches, volunteers, staff and officials.
- Travel: Canada-wide travel allowed.
- Physical distance: Does not need to be maintained on or off the field of play.
- Masks: Not recommended on the field of play. Recommended off the field of play for those 12 and over who have not received both immunization shots.
- Seated events: Up to 50 or 50% of capacity, whichever is greater.

## 2. BC LACROSSE ASSOCIATION GUIDANCE

The BCLA guidance for indoor lacrosse is:

- See Section 1 for guidance on group size, travel, physical distance, masks and spectators.
- Lacrosse activities must always comply with all general measures and recommendations outlined by the Provincial Health Authorities and guidelines in the local cities/municipalities.
- Communicate guidelines to participants, coaches, team managers, trainers and other persons involved in an official capacity in advance of the activity.
- All participants must be currently registered with the BCLA through their associations/clubs.
- Participants (parents/guardians) must sign a BCLA waiver.
- Participants and team staff who have symptoms of communicable disease (i.e., fever or chills, coughing, diarrhea) are to avoid participating when sick.
- Promote good hand hygiene (washing & sanitizing). Carry hand sanitizer.
- Participants are not required to do health screening.
- Participants are recommended to arrive to the facility wearing all required protective equipment if dressing rooms are not accessible.
- Participants, coaches and team officials are recommended to arrive to the facility at a designated time prior to the activity.
- Keep gear bags and additional gear in a vehicle or in dressing rooms (if permitted).
- Participants must have their own water bottle. No sharing water bottles.
- Sharing of common equipment is allowed.
- Maintain the Rule of Two at all times (i.e., no minor will be left alone with a single adult)
- Participants may not be ready for handshakes, high fives, hugs or similar behaviors. Fist pumps and elbow pumps may be best for the short-term.
- Understand cities/municipalities/facilities will transition their operations and capacities differently moving into Step 3. Every facility will be making decisions and moving at their own pace.

### **3. CASTLEGAR COMPLEX PROCESS AND REQUIREMENTS**

#### **Arrival**

- For practices, home team and spectators arrive no more than 15 minutes prior to the start of floor time.
- For games, home and visiting teams arrive no more than one hour and 1 hour 45 minutes prior to the start time of the game.
  - This corresponds to 15 min prior to the start of the floor time booking.
  - The floor is booked for one hour of optional warmup, 30 minutes of league-mandated warmup, and 2 hours of game time.
- For games, game officials and volunteers arrive no more than 45 minutes prior to the start of the game.
  - This corresponds to 15 minutes prior to warmup.
- For games, spectators arrive and are let into the arena no more than 15 minutes prior to the start of the game.
- Access to practices and games are controlled.
- When entering and exiting the facility, use hand sanitizer.
- Event organizers keep attendance for contact tracing
- Masks are recommended indoors.
- A designated event organizer will let people in and out of the Complex and will monitor numbers to remain below capacity.
- A designated event organizer will monitor people getting in and out of their designated areas (dressing room entrance for players and game officials, arena for volunteers and spectators).

#### **Entrance**

- Main entrance: All participants (home and away teams, team officials, team volunteers and fans enter through the concession entrance (the bus stop drop off entrance).
- Player and referee dressing rooms: Accessed from the concession floor of the complex.
- Fan entrance to the arena section: Access from the Castlegar Rebels ticket booth entrance (bleacher entrance).

#### **Spectators**

- Maximum 50% of capacity. This is 500 people for the Complex.
- Fans stay in a designated seating area and do not move from seat to seat.
  - Stay seated unless getting up to use the washrooms.
  - Do not wander through the building.
  - Do not congregate.
- Masks are recommended for 12 years and up if not fully vaccinated.

#### **Contact tracing and health checks**

- Not required for home and away teams (players, staff, volunteers).
- Fan attendance through sign-in sheet (name and contact email or phone number).
- Spectator health checks are not required. Signage reminding people to not participate if sick will be in place.

**Leaving during/after the game**

- Participants and fans leave the arena as quickly as possible the same way they entered.
- Participants early departure and re-entry allowed (i.e. intermission) provided that capacity is not exceeded. Participants hands will be stamped for tracking.

**Other**

- Dressing rooms – open. One dressing room per team. One dressing room for referees. Social distancing not required but suggested in dressing rooms.
- Showers – not available for practices and available for game days.
- Washrooms – players use washrooms in dressing rooms. Participants and fans use the washroom on the arena side up top.
- Drink Fountains – not available.
- Water bottle fillers – open
- Concessions – closed
- Team apparel and pop sale – by washroom on the arena side up top.
- Game admission table and fan check in – by concession entrance.